



UPSTATE
MEDICAL UNIVERSITY

Expanding Live Donor Kidney Transplant Program at Upstate University Hospital

Reza F. Saidi MD, FICS, FACS

Associate Professor of Surgery

Chief, Division of Transplantation

Department of Surgery



UPSTATE UNIVERSITY
HOSPITAL

- Kidney transplantation (KT) is the treatment of choice for patients with End stage renal disease (ESRD)

- * better quality of life

- * less cost

- * live longer

- Organ Shortage

- 120, 000 on the list

- 27, 000 KT

- 5, 000 waitlist mortality

Liver Donor Kidney Transplantation (LDKT)

- Best outcome
- Safe for donors
- Ni increase risk of HTN, DM or kidney failure

- Barriers

Finding a donor

Surgery

Recovery

Current Status of LDKT

- ~ 40%
- NY 24%
- Upstate historically 10-15%

Barriers to Expand LDKT at Upstate

- Lengthy work up
 - expedited work up (one stop, one shop approach)
- Selection
 - UpToDate selection criteria
 - changing the culture
- Patients
 - Social media
 - Education

Results

- 78% increase in LDKT
- 4th in NY